

NEWSLETTER



Dear CSC Members,

We are very pleased to have co-opted three new CSC members to the CSC committee. The new members are Graham Stanton, Tracy Walley and Jennifer Stevenson.

All three have attended many CSC meetings and have been keen supporters of the CSC. Tracy is a healthcare sales executive; Jennifer is an infection control consumables specialist and Graham was a senior decontamination engineer who is still involved in many professional groups. Keep a look out for their biographies and photos, along with the rest of the committee on the website!

Due to several committee members retiring at our AGM in 2022 we will be seeking nominations to the committee in due course. Look out for details about forthcoming committee positions and let me know if you are interested in playing a role in the future of the CSC.

We would like to thank Rob Dyas and Gemma Rhodes at Pro dental CPD who hosted our recent collaborative study forum Dental Decontamination and the Pandemic – is your practice recovering? on February 10th. Thank you to the hundreds of delegates who joined us on the day and the event is now available on the CSC members' forum for you to view.

Our next study forum will be Myth Busters – Monitoring your Water System which will be held on Thursday 1st July from 7-9pm and is focussed on healthcare, decontamination and dental facilities.

Myth Busters: Monitoring your water system.

Virtual Study session 1st July 2021

[Register Here >](#)

As we come out of lockdown the committee is currently planning our face-to-face events. The first of these will be our Annual Study Day on the 4th of October at the Crowne Plaza, Stratford upon Avon Absence of Evidence or Evidence of Absence? Helen Griffiths has chosen this opportunity to present what would have been her 2020 Kelsey Lecture 40 years in Endoscopy. This will be our first face to face meeting, and we will also have this available as a virtual live and recorded conference which should be attractive as we may still be limited to the number of delegates allowed at the venue.

Looking further ahead, the committee is also planning our postponed 60th Anniversary Annual Scientific Meeting and this will be held on Monday 4th and Tuesday 5th April 2022. We are keeping as much of the programme as it was, and we are delighted to announce that Peter Hoffman has recently accepted an invitation to present our 2022 Kelsey Lecture.

Having recently joined the CSC committee, Graham Stanton, was keen to re-establish the Decontamination Professional Experts Communication Forum (DPECF) meetings and as you will read below the group has already had its first meeting and is planning a number of subgroups on different issues related to decontamination.

In addition, John Prendergast, our Treasurer, has recommended an update to the previous CSC endoscopy technical working document on Air Quality for Endoscope Decontamination Facilities. The technical working group is currently assessing content and we look forward to the draft revision in due course (see below for more details).

I hope that you are all well and looking forward to getting back to meeting up together to network and socialise at our events.

The CSC committee looks forward to welcoming you to our virtual study sessions, Annual Study Day and the Annual Scientific Meeting.

With very best regards,
Jimmy

Dr Jimmy Walker, CSC Chair



Autumn Study Day

Monday 4th October 2021
in Stratford-upon-Avon

Book your place online at
centralsterilisingclub.org



STUDY DAY. BOOK YOUR PLACE.

ANNUAL SCIENTIFIC MEETING

4th & 5th
April 2022
in Stratford-upon-Avon

Booking you place now at:
centralsterilisingclub.org



If you already had a place booked for the March 2021 ASM date, then please email events@centralsterilisingclub.org to confirm you would like to move your booking to April 2022 or to find out your options. Thank you.

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Deconversations: genesis

By Pawel de Sternberg Stojalowski,
Founder and MD of Aseptium

We seem to be surrounded by podcasts. Some of them explore scientific endeavours like the Life Scientific hosted by prof Jim Al-Khalili (available at BBC Sounds), while others focus on sports, entertainment, travel.. with the rise of Clubhouse, there must be a channel even the most niche subject.. We did not have to wait long for a professional podcast devoted to decontamination sciences and sterile services. Ever since Beyond Clean was born in the USA, it was clear that you can make the discussions about our industry exciting and entertaining. I confess that I have been an avid follower of Hank Balch, Justin Poulin and Michael Matthews from the outset. For me, all episodes bring lessons, perspectives and inspiration for both R&D in our industry and a better understanding of what we do daily.

You might ask the question – do we really need another podcast about decontamination related subjects?

The question is indeed valid, and given the fact that it takes a considerable amount of effort to put such a show together, there must be something that makes it worth it. When we started discussing the podcast between the founders of Deconversations - Matthew Peskett, Daniel Coole and myself - we thought of the format and guests we wanted to interview. Each of us brings different expertise: Matthew as a former sterile processing manager and sales expert, Daniel as a surgical instrument manufacturer and me R&D engineer. First and foremost, we wanted to focus on people and what they do as a context for the conversations. In terms of the format, I thought of the conversations I enjoy most. I realised that the best food for the soul and mind came from the conversations I had at the Black Isle Bar in Inverness, especially when enhanced by the truly spectacular selection of local beers. Although each of the founders has brought something unique to the podcasts' format, that's the atmosphere I wanted Deconversations to emulate. Whether its protein composition and detection with Matthew Peskett and Ian Megson, nanoparticles and lasers with Alistair Kean, cleaning chemistries with Ben Siegmund and Carlos da Silva or washer-disinfectors with Sandra Winter – each one unique, entertaining and instructive. There were many

others conversations, all valuable. When it comes to decontamination with all the conferences and study days, there is a tendency to assume that everything has been said already. However, for me, it is enough if each chat leads to one new idea or point of view I didn't consider before. I hope that same happens with deconversations that encourage listeners to research discussed subjects even further. That's where I see the value

Interestingly, it is those conversations with new points of view on a known subject that I appreciate most. That same spirit we wanted to transplant online. Rather than the typical format of bringing a guest to interview and simply ask questions, I wanted a conversation. And, since we are on the subject of decontamination, it turned into Deconversations. We wanted to make those exchanges worth listening to the wider audiences as well. That is also why we bring the personal element to each episode – we get to know the person, not only what they do. This is also why we run Deconversations as a podcast available on Spotify, and each episode is also recorded as a webinar where the talk becomes even more personal as we can all see each other.

Today, whenever I reach out to a new guest, I always mention that all we want is a conversation on the subject they excel at. It is working – for us, our guests and listeners – at the time of writing we are recording and publishing the second season of Deconversations, bringing guests from various disciplines that make our industry so interesting. It is not all about science but also those who implement it and manage resources. So far, each episode showed me a perspective I did not consider before and gave me a better understanding of what happens in practice in the daily routines and not only in theory. We have a great line-up of international speakers already arranged for the coming episodes, and I cannot wait to get those conversations recorded and make them available for everyone to enjoy. Whether you like listening or watching, you will find new episodes advertised through social media. See you soon!

How Things Have Changed

By Keith Rimmer, Decontamination Manager / Trust Lead for Decontamination, Aintree University Hospital Foundation Trust

Looking back over my career in the health service, many years ago when I was a young lad starting out as a theatre technician class two at the Old Liverpool Stanley Hospital. The first duty of the morning was to fill the boiler, and turn it on to boil, then sort the instrumentation out for the mornings list, yes we had no trays then, all the instruments were in a class cupboard and had to be taken out and set up in sets .then boiled for 20 minutes before use.

The next job was to look at the list and see what ETT were needed for the list , the one you thought you needed and one above and one below this one , no such thing as single use ETT, all the connectors had then to be sorted out ready for connection to the ETT , these were also boiled ready for use . once boiled they were taken out and put on the Anes Trolley Sterile I do not think so clean maybe but not sterile. There was no such thing as scrubs , you had a gown . cotton cap and cotton mask, your normal out door shoes with a pair of overshoes and that was it.

As for the likes of dental hand pieces they were in a hot air oven and taken out when needed.

The old East Radcliffe ventilators were disinfected once a week , the tubing joined together and then Resiguard was added to the humidifier ventilator started and this was pumped around the system for a couple of hours , then drained and then left to dry by leaving the ventilator running .

The working week was 0730 to 1730 midweek and 0730 till 1330 on a Saturday for that the wage was £11. Five and a half days full time

If anyone says the good old days they never worked in the good old days . When you do look back it is frightening what we used to have to do .



Would You Like to Contribute to the Newsletter?

The committee are looking for contributions of research, case studies, historical insight or practice improvement which may be of interest to CSC members.

The content can be from a short piece of 50 words up to 400 words; pictures can be included, if desired. Contributions must not be commercial in their nature. While products can be described, company or brand names are not allowed as they contravene the CSC constitutional requirements.

The content will be reviewed by the committee and any editing, if required, will be done in consultation with the author.

Please send your contributions to:
chairman@centralsterilisingclub.org

We look forward to hearing from you.

Join CSC

Membership is open to any individual or company actively engaged in sterile product manufacture, control of microbial contamination and associated methods, and research and training activities. If you would like to join as an individual or as an organisation, please visit:

centralsterilisingclub.org/membership